

Wine Therapy

The new frontier of wellness

Wine not only as a pleasure for the palate but also a precious supporter for the heart, health and life.

Not everyone knows that grapes, their leaves and wine have extraordinary antioxidant properties and can have beneficial effects on the skin, circulation, forms of stress and skin aging. Therefore the active ingredients of grapes inspire enotherapy treatments with revitalizing, antioxidant, purifying, moisturizing, smoothing, nourishing and toning effects for the skin; pleasing to women as well as men.

Grapes and wine, must and pips from the Ricchi vineyards.

Obviously, the best grapes spanning bottled but their richness goes beyond and it is transformed into massage creams or into a relaxing bath in wine.



The 8 Ceremonies

Like the stages of wine-making, this exclusive selection of treatments have been created to guarantee you a unique experience using the product par excellence: grapes.

I. La Dea della Vite — 50 min, € 60

Exclusive antioxidant and anti-wrinkle facial treatment with grape extracts which, make the skin relaxed and radiant, thanks to the regenerating and revitalizing effects.

II. Esfoliazione del vigneto — 30 min, € 30

Exfoliation is an instant of wellness designed to thoroughly eliminate impurities, soften and smooth the skin in preparation for all massages.

III. Rosalinda — 60 min, € 60

Immerse yourself in the peace and scent of the wine bath. The ritual is enriched by a personalized massage with enveloping manual skills.

IV. Vinea Mea — 60 min, € 70

Multi-sensory ritual that will give new energy to the body and spirit for an amazing experience, thanks to the pack and the special massage technique.

V. Di-Vino Ritual— 80 min, € 150 per couple

A couple's experience that begins with a romantic bath in wine accompanied by two glasses of wine and fresh fruit. Followed by two massages on a water bed that envelops the senses and relaxes body and mind.

VI. Wine Dream — 100 min, € 210 per couple

A journey through space and time. A wine bath, an experience of purification and regeneration. The scent of grapeseed oil released on the body by the massage relaxes and melts all tension from head to toe. The final relax is accompanied by two glasses of wine and fresh fruit.

VII. Essenza 0 — 120 min, € 250 per couple

The water bed envelops the senses in a warm cloud. A delicate exfoliation of the body with the scrub and the romantic wine bath prepare the skin, accompanied by flutes of wine and fresh fruit. Then, the couple's massage with warm oil with warm notes, relaxes and relaxes the muscles.

VIII. Espressione 8 — 120 min, € 150

A complete ritual to embark on an ethereal and timeless journey. Enjoy every minute!

Signature Massage

Taylor-Made Massage — 25 min, € 35

It is the classic massage customized according to the needs of our guests.

Aroma 85 Massage — 25 min, € 35 | 50 min, € 63

This gentle massage with warm oils all over the body, give the skin a special softness. You choose the essences that attract you the most. An aromatic journey of the senses, indescribably relaxing, which allows you to forget time.

Vinum Atrum — 50 min, € 65

Body massage that will envelop your skin for a relaxing and calming effect. The grapes help purify the body for a renewed, luminous and fresh skin.

Lumen Massage — 50 min, € 68

The warmth of organic Karitè butter or Cocco, which melts on the skin in a gentle massage, nourishes and makes the sensation of relaxation from head to toe unrepeatable.

Deep Tissue Massage — 50 min, € 72

Strong and deep massage technique focuses on the main muscle chains, especially on the most contracted points of the body. Mainly dedicated to those who practice sports.

Couple Massage Supplement — 20 € per couple

Any proposed massage can be reserved within the Ritual Suite.



Ritual Suite

Use of the Private Ritual Suite — 50 min | 55 €

Dedicated to couples or for those who want to have an unforgettable experience. There is a natural stone tub inside, two chromo-therapy water beds and a double emotional shower. To make this journey even more enjoyable, the final relaxation is accompanied by a bottle of wine and fresh fruit. It can be booked on request to enjoy relaxing moments independently in a private and sophisticated place.

Wellness Packages

For those who want to be pampered, we have created wellness proposals that aim to achieve deep regeneration and relaxation.

Cuddling Day | € 100

- Body exfoliation 30 min
- Face mask 20 min
- Lumen Massage 50 min

Energy Program | € 115

- Antioxidant wine.bath 25 min
- Taylor Made Massage 25 min
- Deep Tissue Massage 50 min

Di-Vino Program | € 140

- Esfoliazione del Vigneto 25 min
- La Dea della Vite 60 min
- Vinea Mea 60 min

LA CASINA SPA ETIQUETTE

INFORMATION

The SPA is a peaceful and relaxation refuge. During your stay, please respect this oasis of silence and the privacy of other guests, giving up mobile phones and keeping your tone of voice moderate. The staff reserves the right to deny access to anyone whose clothing or behavior may disturb or endanger other guests in the Spa. Smoking is prohibited in all indoor areas. In the Wellness area it is recommended to access the sauna and Turkish bath only with the towel supplied. We recommend that you bring swim briefs for the gentlemen and bikinis for the ladies, which will be used for the pool area.

BOOKING

It may happen that some treatments are particularly requested in periods of particular crowding. In order to meet all needs and guarantee availability, we kindly ask you to book treatments when you confirm your stay. Any changes or cancellations must be communicated to us within 6 hours prior to the agreed appointment. In case the cancellation of the reservations does not arrive, or no-show, the total amount of the treatment will be charged.

HEALTH

Please inform us in advance if you have allergies or special health conditions (including circulatory or heart problems, or those related to blood pressure, thyroid disorders or any operation performed recently) to receive the most appropriate treatments. Pregnant ladies are requested to give notice and to make reservations after consultation with their doctor.

APPOINTMENTS

We kindly ask you to show up 10 minutes before the appointment wearing a bathrobe and slippers to fill out the medical questionnaire, which will allow our therapists to customize the treatments. For spa treatments our staff will provide disposable underwear. The treatments begin and end on schedule. In case of customer delay, the processing time will be reduced to allow punctuality and not to make the next guest wait.

Relais La Casina



Wine Spa