

## Spa Packages

### For Him

The perfect escape for him - Freestyle Full Body Massage, Express Facial, Head Massage.

105 min - €110

### For Her

The perfect escape for her - Back, Neck and Shoulders Massage, Pro Glow Deep Cleansing Facial, Head Massage.

105 min - €110

### Best of Both

Drift away with a full body massage, followed by a Pro-Glow Deep Cleansing facial.

120 min - €130

### Bridal Package

For the most important day, a bride needs to look perfect and relaxed! Enjoy Pro-Glow Deep Cleansing facial, Full Body Exfoliation; Back, Neck and Shoulder Massage, glass of Prosecco and a spa gift.

135 min - €155

### Couples Escape

The perfect package for couples to enjoy. Any 90 min massage of your choice, glass of Prosecco and a spa gift.

150 min - €190  
per couple

### Half Day Spa Package

Time for some me time. Any 90 min treatment of your choice. Light lunch or diner from the bar menu. Use of the pool.

240 min - €110

## Hands and Feet

### Spa Manicure

Includes cuticle work, nail shaping and nail polish.

**60 min includes exfoliation and hand massage**

30 min - €25 / 60 min - €45

### Spa Pedicure

Includes cuticle work, nail shaping and nail polish.

**60 min includes removal of hard skin, exfoliation and foot massage**

30 min - €30 / 60 min - €55

### Gel Nails

Get beautiful, long lasting gel on your nails.

60 min - €50

### Refill, Overlay Gel Nails

Recommended every 3-4 weeks.

60 min - €40

### Full Set Gel Nails

Looking for longer nails? A full set of gel will have you ready for any occasion.

90 min - €60

### Garden of England Rose Restore Hand Treatment

A conditioning, restorative, anti-aging hand treatment.

30 min - €25

### Best Foot Forward

Lower legs and feet are soaked, thoroughly exfoliated and massaged.

30 min - €30

### Removal of Gel Polish

30 min - €15



THE GRAND

ELEMIS

SPA

Open Monday to Sunday  
9:00 to 18:00

SCAN THE QR CODE  
FOR ONLINE BOOKING



 [tiny.cc/ELEMIS](https://tiny.cc/ELEMIS)

 [spa@grandhotelmalta.com](mailto:spa@grandhotelmalta.com)

 +356 22163000 **or** 3000 from your hotel room

All packages include private use of jacuzzi and sauna.  
- need to be booked in advance -

## Body Treatments

### Lime and Ginger or Frangipani Flower Intensely Cleansing Salt Scrub

A deeply cleansing salt scrub that encourages cell regeneration for the softest, smoothest, most nourished skin.

45 min - €50

### Body Detox Skin Brush

An invigorating body brush treatment that exfoliates and removes dry skin cells with natural cactus bristles, leaving the skin soft and smooth. This treatment supports the lymphatic system, promotes detoxification, and helps against cellulite

45 min - €60

### Body Nectar Nourishing Frangipani Wrap with Face and Scalp Massage

The Frangipani oil offers intense hydration to quench thirsty skin. Whilst the mood - balancing aromatics and skin - conditioning oils perform their magic you receive face and scalp massage.

60 min - €75

## Infrared Sauna and Jacuzzi

### Infrared Sauna

45 min - €20 per person / €35 per couple

### Jacuzzi

45 min - €25 per person / 40 per couple

### Infrared Sauna and Jacuzzi

60 min - €30 per person / 45 per couple

## Massages

### Head Massage

Relax your mind and dissolve away stress and tension, leaving you refreshed and revitalized.

30 min - €40

### Freestyle Back, Neck and Shoulders Massage

Focusing on the areas that require the most attention during the massage.

30 min - €40

### Freestyle Back of Body Massage

Ideal for any sports enthusiast with sore and stiff muscles. Focusing on the back and the back of legs.

45 min - €50

### Freestyle Full Body Massage

Choose between Deep Tissue Massage or Swedish Massage with lighter pressure.

**90-min includes facial cleansing and face massage**  
60 min - €70 / 75 min - €80 / 90 min - €85

### Hot Stone Massage

This massage heats up and relaxes the whole body.  
**90-min includes facial cleansing and face massage**

60 min - €75 / 90 min - €90

### Peaceful Pregnancy Massage

Expectant mothers will experience relaxation and restoration to optimal wellness.

60 min - €70

### Soy Candle Massage

Experience the Soy Candle Massage and take home a 200 ml Stephen Cordina soy candle for free.

60 min - €75

## Facials

### Express Facial

Revitalize your skin with our Express Facial for a quick and refreshing glow.

30 min - €40

### Pro-Glow Deep Cleansing

In this deep cleansing treatment, skin looks visibly refreshed and rebalanced.

60 min - €70

### Pro-Glow Brilliance

A fusion of nutrition & antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect.

60 min - €75

### Pro-Glow Smooth

Smooths the look of fine lines & wrinkles, fills out expression lines & plumps skin with optimal hydration to reveal a youthful appearance.

60 min - €80

## Waxing

Full Leg Wax.....	60 min - €35
Half Leg Wax.....	30 min - €20
Back Wax.....	45 min - €25
Arm Wax.....	30 min - €15
Under Arm Wax.....	15 min - €10
Bikini Line Wax.....	15 min - €20
Eyebrow Wax.....	15 min - €5
Upper Lip Wax.....	10 min - €5