SPA
Grand Hotel
Mgarr-Gozo
FREESTYLE DEEP TISSUE MASSAGE
This is a vigorous workout for the body; perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused.

*Benefits: Relaxes, Rebalances, Soothes*

30 minutes- €35/60 minutes- €65/90 minutes- €75

DEEPER THAN DEEP HOT STONE MASSAGE
Nothing gets into the belly of the muscle like a hot stone. Bathed in intensely moisturising Frangipani Monoi Body Oil, a curated range of Balinese stones are selected to address exactly what you need.

*Benefits: Relaxes, Hydrates, Revitalises*

60 minutes- €65/90 minutes- €75
GARDEN OF ENGLAND ROSE RESTORE
Take a walk in an English rose garden with this lavishly hydrating massage and micro-wrap. The unique trio of Rose, Camellia, and Poppy seed oils maintain and restore elasticity, whilst encouraging skin renewal.

Benefits: Moisturises, Hydrates, Renews
60 minutes- €55/90 minutes- €65

HOT MINERAL BODY BOOST
This unique treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. A revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energising wellness.

Benefits: Energises, Relaxes, Rebalances
60 minutes- €55
BODY NECTAR NOURISHING WRAP  
(SWEET ORCHID OR FRANGIPANI)  
Intensive moisturisation for thirsty skin.  
An emotionally grounding experience for skin that 
has never felt silkier.  
Benefits: Hydrates, Nourishes, Soothes  
60 minutes- €40

INTENSELY CLEANSING SALT SCRUB  
(LIME AND GINGER OR FRANGIPANI)  
A deeply cleansing salt scrub that encourages cell 
regeneration for the softest, smoothest, 
most nourished skin.  
30 minutes - €40

PEACEFUL PREGNANCY  
This unique pregnancy massage is profoundly 
nurturing and tranquil. Mothers-to-be are lulled 
and restored to optimum wellness.  
Benefits: Relaxes, Comforts, Moisturises  
90 minutes- €50  
15 minutes initial consultation

THOUSAND FLOWER DETOX WRAP  
This nutrient-rich detox wrap uses the deeply 
nourishing Green Tea Balm to encourage super skin 
health and powerful detoxification.  
It helps stimulate the elimination process and 
restore equilibrium to leave you feeling 
completely reinvigorated.  
Benefits: Nourishes, Restores, Cleanses  
60 minutes- €65

TARGETED TONING TIGHTENER  
A powerful blend of massage and detoxifying clay 
for targeted toning and improved circulation.  
Benefits: Tones, Tightens, Firms  
30 minutes- €40/€55 (localised area)  
90 minutes - €80
Facial Treatments

**PRO-COLLAGEN AGE DEFY**
Experience the age-defying benefits of marine-charged Padina Pavonica whilst targeted massage encourages optimum cellular function.
*Benefits: Smooths, Nourishes, Refines*
30 minutes- €45/60 minutes- €75

**PRO-DEFINITION LIFT AND CONTOUR**
Restore the architecture of your face with potent plant actives. For a profoundly, sculpted youthful effect.
*Benefits: Lifts, Contours, Sculpt*
30 minutes- €45/60 minutes- €75

**DYNAMIC RESURFACING PRECISION PEEL**
This highly potent couture resurfacing treatment targets the signs of ageing and dull, tired, uneven skin tone.
*Benefits: Smooths, Revitalises*
30 minutes- €45/60 minutes- €75

**WHITE BRIGHTENING PIGMENT PERFECTOR**
Restores even skin tone, targeting unwanted areas of pigmentation. Encapsulated vitamin C acts as a potent brightener. Inhibiting future pigmentation. The result is a more even, colour-corrected and illuminated complexion.
*Benefits: Illuminates, Brightens, Restores*
30 minutes- €45/60 minutes- €65
SUPERFOOD PRO-RADIANCE
Energise and detoxify stressed, dull skin with a nutritional superfood boost. Leaves skin, plumper with a renewed radiance.
Benefits: Revitalises, Brightens, Nourishes
30 minutes- €40/60 minutes- €70

SENSITIVE SKIN SOOTHER
Reduce the appearance of redness and protect against daily stresses with a treatment that incorporates soothing massage. Skin is left comfortable and calm.
Benefits: Soothes, Calms, Rehydrates
30 minutes- €35/60 minutes- €60

ANTI–BLEMISH MATTIFY AND CALM
Mattify and combat oil and shine whilst restoring micro-circulation. A deeply detoxifying treatment which leaves skin bright and clear.
Benefits: Calms, Purifies, Balances
30 minutes- €35/60 minutes- €60

HIGH PERFORMANCE SKIN ENERGISER FOR MEN
The hard-working facial for ageing, dehydrated skin combined with scalp and foot massages.
Benefits: Hydrates, Relaxes, Cleanses
30 minutes- €35/60 minutes- €60
Hands & Feet

O·P·I

Spa Manicure - €30
Spa Pedicure - €35
OPI GELColor Hands - €35
OPI GELColor Feet - €40

GARDEN OF ENGLAND ROSE RESTORE
HAND TREATMENT
A conditioning, restorative, anti-ageing hand treatment.

Benefits: Relaxes, Revitalises, Hydrates
30 minutes - €20/60 minutes - €35

BEST FOOT FORWARD
Lower legs and feet are thoroughly exfoliated, bathed and massaged.

Benefits: Conditions, Relaxes, Moisturises
30 minutes - €25/60 minutes - €40
WAXING

Eyebrows - €5
Upper Lip - €5
Chin - €5
Upper Lip & Chin - €8
Under Arms - €5
Half Leg - €10
Full Leg - €18

TINTING

*Patch Test is mandatory 24 hours prior to treatment

Eyebrows - €6
Eyelashes - €8
Eyebrows & Eyelashes - €12

EVAGARDEN

MAKE UP ITALY

EVAGARDEN MAKE UP FOR ALL OCCASIONS
HAIR DRESSER IS AVAILABLE BY APPOINTMENT
Spa Etiquette

Booking in advance is highly recommended.
To schedule an appointment,
call our team on +356 22163000 or
3000 from your hotel room.
We cannot guarantee walk-in availability.

Kindly give 12 hours notice to change or cancel your
appointment, otherwise we will need to charge full
price for your treatment.

We would appreciate if you put your mobile on
silent upon arrival.

The Grand Hotel Spa is not responsible for any loss
of valuables whilst visiting the Spa.
Please leave all jewellery in your room.

Strictly no one under the age of 16 is permitted
in the Grand Hotel Spa.

Kindly advise your therapist of any medical
conditions you feel they should know about,
prior to starting any treatments.

For your comfort please shave at least one day prior
to any facial treatments.

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Gift vouchers make the perfect gift.
Ask for your Gift Voucher at the Spa reception.
We are here for you.

The Grand Hotel Spa is open 7 days from 10.00 - 18.30.

We are open for all holidays excluding Christmas Day and New Year’s Day.